

Breakfast Sandwiches Dejeuner

5.95(All day served)

Choice of / Choix de croissant or cheese bun
With egg, cheddar, tomato
Ham / Bacon / Vegetarian/

B.L.T / Ham & Swiss 5.43

With / Avec croissant

Traditional Breakfast 6.52

2Eggs, 2 Bacon, 2 Toast With Butter

Wrap 4.65

Veggie / Ham & Cheese / Turkey

With soup of the day 8.95

Omelet (morning only)

Plain Omelet 6.74

2Eggs, Swiss cheese, ham with a piece of bread

Vege Omelet 6.74

2Eggs, Swiss cheese, carrot, spinach and bread

Omelet with Juice or coffee 8.26

2Eggs, Swiss cheese, ham with Orange or Apple

Omelet with Fruits 9.75

2Eggs, Swiss cheese, ham, a bowl of Fruits
(Fruits are subject to change)

Paninis 6.74

With soup of the day - 11.24

With spinach, cheddar, cucumber, carrots
épinards, fromage cheddar, concombre, carottes

Veggie

Ham - Jambon

Turkey - Dinde

Chicken - Poulet

Sandwiches

6.95

Sandwich Français - romaine, bacon, onions,
mushrooms, creamy Dijon sauce

Greek Sandwich - romaine, tomatoes, olives, red
pepper, cucumber, feta, herb & garlic vinaigrette,

Mexican Sandwich -- romaine, tomato, corn,
chicken, chorizo, red pepper, creamy corn
vinaigrette

Arabic Sandwich - romaine, olives, red pepper,
chickpeas, tomato, orange vinaigrette.

Sandwiches with soup Combo11.45

Salads

6.95

French Salad - romaine, bacon, onions, mushrooms,
creamy Dijon sauce.

Greek Salad - romaine, tomatoes, olives, red
pepper, cucumber, feta, herb & garlic vinaigrette.

Mexican Salad - romaine, tomato, corn, chicken,
chorizo, red pepper, creamy corn vinaigrette.

Arabic Salad - romaine, olives, red pepper,
chickpeas, tomato, orange vinaigrette.

Salad with soup Combo11.45

Korean Lunch Special

10.90

(11:30-3:00pm Only)

Served with teriyaki & red pepper sauce
Servi avec sauce teriyaki et sauce poivron rouge

Bibimbap - rice, marinated beef with sauce, lettuce,
sliced vegetables, sprouts, egg.

Veggie Bibimbap also available 10.90

Bulqogie - rice, lettuce, marinated beef with sauce,
onions, carrots 10.90

Chicken Stir Fry - Onions, carrots, green beans, Peas
broccoli, water chestnuts, baby corn, mushrooms
Served with Rice or as a Hot Salad 10.90

Risottos 6.95

Rice roasted & cooked with vegetable broth, onions
and olive oil

Risotto Français - rice, bacon, onions, mushrooms,
creamy Dijon sauce.

Greek Risotto - rice, tomatoes, olives, red pepper,
cucumber, feta, herb & garlic vinaigrette.

Mexican Risotto - rice, tomato, chicken, chorizo, red
pepper, corn, creamy corn sauce.

Arabic Risotto - rice, olives, red pepper, chickpeas,
tomato, orange vinaigrette.

Risottos with soup Combo11.45

C'est La Vie Ice Cream

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| Ice cream..... | 3.00 |
| Chocolate Liegeois - Vanialla ice cream, chocolate sauce, whipped cream..... | 3.50 |
| Cafe Liegeois - Vanilla ice cream, espresso, whipping cream..... | 4.75 |
| Milk-Shake - Vanilla, Chocolate, Strawberry (with Banana)..... | 3.90 |
| Banana Split - vanilla, chocolate, and strawberry ice creams, chocolate sauce, banana, whipped cream..... | 5.24 |

Beer

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| Moosehead/Corona/Coors | 4.78 |
| Stellar/Heineken/budwiser | 5.00 |
| St. Ambrose Oatmeal | 5.22 |
| Maudite Ale & Blanche | 5.22 |
| St. Amrose (500ml Can) | 6.30 |
| Picaroons Blonde Ale/Yippee/ Irish red and and Seasonal(Door Yard etc | 6.99 |
| TrailWay (Cerasus, Mo-joe, rascal) | N/A |

Side Dishes

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| Hot Chicken Salad | 11.90 |
| Bulgogi(Roasted meat) on a Salad | 11.90 |
| Chicken Wings | 11.90 |
| Spanakopita(Snack triangle with spinach & Feta Cheese..... | 10.90 |
| Shrimp and Vegetable nests..... | 10.90 |
| Chicken strips | 9.90 |
| Chips and Salsa | 9.90 |

C'est La Vie Ice Menu

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|---|------|
| Cold Americano..... | 3.05 |
| Cold Brewed coffee (Dutch)..... | 4.35 |
| Herbal Iced Tea..... | 2.60 |
| Ice Tea(Lemon) | 2.40 |
| Frozen Hot Chocolate..... | 4.78 |
| Iced Latte..... | 4.78 |
| Ice Chai Tea Latte..... | 4.78 |
| Ice Mochaccino..... | 5.00 |
| Frappuccino..... | 5.20 |
| Smoothies..... | 5.00 |
| (Strawb, Raspb, Blueberry, Mango, Banana) | |

WINE

A glass of wine(Australia).....4.78

WHITE WINE

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|---|-------|
| Sauvignon Blanc Kim Crawford 2012 | 40.50 |
| Pinot Grigio reserve 2012 | 29.50 |
| Pinot Grigio Las Moras 201..... | 24.50 |
| Pinor Grigio Nederberg 201..... | 27.90 |
| Sauvignon Blanc Carmen 2012..... | 28.50 |
| Chardonnay Cup Cake 2012 | 30.90 |
| Riesling Gewurztraminer Open 2012..... | 28.50 |

RED WINE

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|---------------------------------------|-------|
| Apothic Red | 32.50 |
| Shiraz Cabernet 2012 | 29.90 |
| Malbec Norton Barrel Select | 29.50 |
| Sartori L'appassito 2009 | 39.90 |
| Pino Noir Patriarche | 29.90 |
| Carbnet Sauvignon Liverty school..... | 35.90 |
| Old vine Zimfandel Twisted | 28.90 |
| Chianti Gabbiano 2012 | 31.90 |

C'est La Vie Hot Menu

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| Filter Coffee | 1.96/2.26/2.60 |
| Espresso(Americano)..... | 2.52/3.00/4.13 |
| Macchiato | 3.00/3.45 |
| Cortado, Flat White | 3.25/3.65 |
| Espresso con panna..... | 3.48/4.00 |
| Cappuccino | 3.48/4.13 |
| Almond cappuccino | 3.90/4.48 |
| Machiato Blulee | 3.85/4.40 |
| Latte | 3.90/4.78 |
| Chai Latte | 3.90/4.78 |
| Mexicano | 5.00/5.65 |
| Mochaccino | 4.18/5.00 |
| Hot Choco | 3.78/4.22 |
| London Fog(Moncton) | 4.35 |
| Organic Mint Latte | 5.00 |
| Korean Ginger Tea | 2.60/2.82 |
| Ginger Tea Latte | 4.78 |
| Regular Tea/ Herval Tea | 1.95/2.39 |

Korean Special Supper

(Wednesday to Friday, 5:30pm - 8:00pm Only)

Appetizer

Small bowl salad or daily soup

5.00

Korean supper

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|---------------------------------------|-------|
| Chicken Stir Fry | 11.90 |
| Teriyaki Noodle | 11.90 |
| Bibimbap(Reg or Vegi available) | 11.90 |
| Tofu Bibimbap | 12.90 |
| Bulgogi meal | 12.90 |
| Smoked salmon Bibimbap | 13.90 |

**** All these Korean food is Gluten Free ****